

Photo: pedrosz



Lisbon basks in the sun reflecting off the Tejo River and quickly seduces most visitors. The mixture of history and modernity, of small town and metropolis, of the antiquated and the shining new is irresistible. Add excellent shopping, late but safe night life and restaurants with Europe's best fish, and you have the city in a nutshell.



Photo: Pedro Ribeiro Simões



Photo: Marijke Blazer

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Top 5



Experience Lisbon Walk

Experience the cultural diversity of this historically rich city on a Lisbon...

Castelo De São Jorge

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Mosteiro Dos Jerónimos

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Museu Do Azulejo

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Fundação Gulbenkian

The largest single cultural institution in Portugal was founded in 1955 when Calouste Gulbenkian, the Armenian oil millionaire...





THE CITY



Photo: Rustam Aliyev

Lisbon's heart is beside the river, even if the city has grown in all directions. Sit down at a pavement café on Rossio Square and you will see the Baiza, the flat city centre, that dates from the 18th century, between yourself and the river bank. Look up in one direction and you will see the São Jorge on the top of a hill. Look in the other direction and you will see the ruin of the Carmo Church on another hill. Walk, or take a tram to one of them and you will discover the quarters of old Lisbon, most of them with a magnificent view of the rest of the city and the river.

Wander north from Rossio, you will soon end up on a stately 19th century avenue, in the part of the city which is still called "Avenidas Novas." Even further north, the buildings become really new, with the city's two large football grounds, Luz and Alvalade, and lastly the airport which is twenty traffic-jam-free minutes in a car from Rossi. Most of the best sights, restaurants and nightlife are situated along the river. There is good shopping along the Avenidas Novas, but otherwise the rule is to keep close to the river to get the best out of your visit.

DO & SEE



Photo: Pedro Ribeiro Simões

Most of the best sights, restaurants and nightlife are situated along the river. There are plenty of things to do and see in Lisbon. Below are a few suggestions on how to spend your time here:

Experience Lisbon Walk



Experience the cultural diversity of this historically rich city on a Lisbon walking tour. Indulge in a moveable feast with samples of local pastries, cheese, seafood,

wine, and coffee.

Tours run Mon, Wed, Fri, Sat. More walking tours are available from Urban Adventures.

Phone: +351 968 412 612

Internet: www.urbanadventures.com

More Info: Holders of this guide receive 10% off. Book online and use promo code AGEU at checkout.

Castelo De São Jorge

Castelo de São Jorge is one of the oldest structures in Lisbon. Once a fortress (taken by the Moors in 1147), and now a must see landmark with fantastic views over the city.

Address: Castelo de São Jorge, 1100° 129 Lisbon

Phone: +351 218 800 620 Internet: www.castelodesaojorge.pt



Mosteiro Dos Jerónimos

In Belém, just west of the city along the river, is Lisbon's and possibly Portugal's most important historical monument. Here is an opulent church and cloistered garden built in the elegant Manuelian style at the beginning of the 16th century when Portugal was a great sea-going power. There are several other sights close by.

Address: Praça do Império, 1400-206 Lisbon

Phone: +351 213 620 034

Internet: www.mosteirojeronimos.pt

Museu Do Azulejo

Devoted to the tiles which are so typical in Portugal, housed in a monastery whose varying building styles and decoration gives a good summary of the country's history. One of the high points is an enormous tiled fresco which shows Lisbon as it was just before the big earthquake in 1755.

Address: Rua da Madre de Deus 4, 1900-312 Lisbon

Phone: +351 218 100 340 Internet: www.ipmuseus.pt

Fundação Gulbenkian

The largest single cultural institution in Portugal was founded in 1955 when Calouste Gulbenkian, the Armenian oil millionaire, donated his estate to the country that had welcomed him during World War II. The museum, constructed in 1969, which houses his extensive collections, is part of a larger complex that includes concert halls, a park, restaurants and a museum of modern art.

Address: Av. de Berna, 45A 1067-001 Lisbon

Opening hours: Tuesday to Sunday: 10.00 to 17.45. Closed on Mondays,

and on public holidays.

Phone: +351 217 823 000

Internet: www.gulbenkian.pt, www.museu.gulbenkian.pt

Parque Das Nações

The area where Expo 98 was held has been successfully transformed into a centre for exhibitions, leisure and culture. The extensive amount of building since the Expo

almost overshadows pearls such as Siza Vieira's Portugal pavilion and Santiago Calatrava's adjacent Oriente Station.

Address: Avenida Dom João II, Lisbon

Phone: +351 218 919 898 Internet: www.portaldasnacoes.pt

Oceanario de Lisboa

This is one of the biggest aquariums in Europe and it shows more than 100 different species. Some of the animals that are exposed here are barracudas, tuna, sharks, rays and one of the most popular attractions is a large sunfish. This is an adventure for all ages.

Address: Esplanada D. Carlos I, Doca dos Olivais, 1990-005 Lisbon Opening hours: Summer: 10.00-20.00, Winter: 10.00-19.00 Phone: +351 21 891 7002 / +351 21 891 7003 Internet: www.oceanario.pt

Surfing

When you are tired of the city vibe and long for the sea, surfing could be a good way to relax and do something else for a while a while. One of the surfing companies located in the city is Epic Surf School, which holds courses for both beginners and advanced.

Address: Praça João do Rio, N° 7, 4° Direito, 1000-180 Lisbon

Phone: +351 962 769 236 Internet: www.epicsurfschool.pt

Igreja de Sao Roque

The Jesuits built this church in 1574 and its interior is breathtaking. One of the world's most expensive chapels, covered in gemstones, marble, mosaics, gold, silver and bronze, is to be found here. It was built by 130 artists in Rome, and then transported to Lisbon after the blessing of the pope.

Address: Largo Trindade Coelho, Bairro Alto, 1200 Lisbon

Phone: +351 213 235 065

Internet: www.museu-saoroque.com

Miradouro Sao Pedro de Alcantara

To get a panoramic view over the city take the Gloria



Elevator from Restauradores Square up to the garden, Miradouro Sao Pedro de Alcantara. Here you can take a stroll between sculptures and busts of heroes and gods from Greco-Roman mythology.

Address: Rua de Sao Pedro de Alcantara. Lisbon

Cascais

For a day out of the city, take the train to the former fishing village of Cascais. Here you can stroll on the beautiful decorated streets, experience the lively fish auction held every afternoon next to the main beach, visit "Museu do Mar" to see the rich history of Cascais or take a refreshing walk along the coastal road to Boca do Inferno ("Mouth of Hell") where high waves crash into gigantic caves.

Address: Cascais

Jardim Zoologico de Lisboa

Lisbon's zoo is located right in the city centre and here you can see over 360 different species. There is always something happening in the park and this is a fun activity for both children and adults.

Address: Praça Marechal Humberto Delgado, Sete-Rios, 1549-004

Lisbon

Phone: +351 217 232 900 Internet: www.zoo.pt

Pavilhao do Conhecimento

This science centre is one of the remains of 1998 World Expo. It was first built to focus on the mysteries of the oceans but today it provides permanent exhibitions in chemistry, physics and other science subjects, mainly for the younger crowd.

Address: Alameda dos Oceanos, 1990-223 Lisbon

Phone: +351 218 917 100 Internet: www.pavconhecimento.pt

Palacio Fronteira

This Renaissance palace, still habited by the 12th Marquis of Fronteira, is shown to the public through guided tours. It

was built as a hunting pavilion in 1670, for the first

Marquis of Fronteira, one of the most powerful families in

Portugal, at that time.

Address: Largo de São Domingos de Benfica 1, 1500-554 Lisbon

Opening hours: Closed Sundays and holidays.

Phone: +351 217782023 Internet: www.fronteira-alorna.pt

Tram 28

The trams has transfered people through the city of Lisbon since 1873 and even if it today competes with the metro it is still a perfect way to see the city and to get an overview. Tram number 28 is an old-fashioned vehicle that goes around town and you can hop on and off during your trip.

Internet: www.carris.pt

More Info: Starting point is square Praça Martim Moniz

Cristo Rei Statue

With inspiration from the famous statue in Rio de Janeiro, this 28 metres high Jesus Christ statue was built in 1959, as a memory for gratefully being saved from to much damage, during World War II. Take the elevator to the top and enjoy a stunning view over the city.

Address: Suedufer des Tejo, Lisbon

More Info: To get here, take the commuter ferry from Cais do Sodre Station across the river to Cacilhas. From there, buses go to a stop right by the monument.



EATING



Photo: Marijke Blazer

In Lisbon, you can find both modern, sophisticated restaurants and simple, traditional ones. In general, you will find the strongest Portuguese ambience in the simple, traditional places. Small, unpretentious restaurants are all over the place and do not require booking. At most of the restaurants below, it is safest to book a table. Many restaurants are closed on Sundays or Mondays.

Eleven

Eleven is one of the most sophisticated places that Lisbon can offer, with a sculpture by Joana Vasconcelos in the entrance to the post-modernistic box at the top of the Eduardo VII park. The cuisine is supervised by Joachim Koerper, who has been awarded prizes by Guide Rouge and who has all of Iberia as his territory.

Address: Av. Marquês da Fronteira Jardim Amália, 1070 Lisbon

Phone: +351 213 862 211 Internet: www.restauranteleven.com

internet. www.restaurantereven.co

Bica Do Sapato

This trendy restaurant lives well on the fact that John Malkovich is one of the owners, but it is worth a visit even when he is not there. It is a retro-decor harbour warehouse with dining room, bar, sushi department and a small pavement café. Excellent Portuguese and international cuisine is served here.

Address: Avenida Infante Dom Henrique, Armazem B. Doca do Jardim do

Tabaco, Alfama, 1900 Lisbon Phone: +351 218 810 320 Internet: www.bicadosapato.com

Terreiro Do Paço

Brasserie with pavement tables at street level, and a restaurant one floor higher up. Vitor Sobral uses the best Portuguese ingredients to produce a straight, simple menu downstairs, and a more imaginative, elaborate one upstairs.

Address: Praça do Comércio, 1100-148 Lisbon

Phone: +351 210 995 679 More Info: Lisboa Welcome Center

Martinho Da Arcada

One of Lisbon's oldest restaurants, with Fernando Pessoa as the most illustrious regular guest. Enjoy traditional Portuguese cuisine in a noisy dining room or on a pavement table in the arcade. This is a beautiful tiled café with priceworthy food.

Address: Praça do Comércio 3, 1100-148 Lisbon

Phone: +351 218 879 259 Internet: www.martinhodaarcada.pt

Casa Do Alentejo

Unique environment in a slightly dilapidated, neo-Morish private palace two flights up from the street. The cuisine is simple traditional fare from the Alentejo region.

Address: Rua Portas de Santo Antão 58, 1150 - 268 Lisbon

Phone: +351 213 405 140

Cervejaria Trindade

This is one of the most historic and popular restaurants in Lisbon. Cervejaria Trindade is an ale-house restaurant with a well decorated and beautiful room. The restaurant offers Portuguese cuisine and has a nice mixture of people, locals, business people and, of course, tourists. Arrive early so you do not have to wait in line.

Address: Rua Nova da Trindade 20 C, 2715-311 Lisbon

Phone: +351 213 423 506 Internet: www.cervejariatrindade.pt



Cantinho Lusitano

The Cantinho Lusitano is the perfect restaurant for the undecided. Choose from a menu with "petiscos", Portugal's type of Spanish tapas, and combine it with a glass of delicious wine. Reservation is recommended since the dining room is very small.

Address: Rua dos Prazeres, 52, 1200-355 Lisbon

Phone: +351 21 806 51 85 Internet: www.cantinholusitano.com

Alfaia Garrafeira

This restaurant is famous for its wide range of different wines but also serves delicious food. The dining room is small and the atmosphere is romantic. This is one of few restaurants in Lisbon providing Wi-Fi.

Address: Rua Diario de Noticias 125, 1200-143 Lisbon

Phone: +351 21 343 3079 Internet: www.garrafeiraalfaia.com

Belcanto

Soon after its opening in 1958, this restaurant became popular among the locals. At the beginning of 2012 it re-opened with a total new trendy look and interior and in November, the restaurant could celebrate its first Michelin star, earned through its imaginative and delicious cuisine.

Address: Largo de São Carlos, 10, 1200-410 Lisbon

Opening hours: Closed Sundays and Mondays

Phone: + 351 21 342 06 07 Internet: www.joseavillez.pt

More Info: Reservation is recommended

Salgadeiras

Tucked at a back street in Bairro Alto, you find this restaurant that serves Portugese dishes. Inside the walls of stone and the dining room with beautiful vaults, the setting is warm and cosy.

Address: Rua das Salgadeiras, 18, 1200-396 Lisbon

Opening hours: Closed Mondays Phone: +351 21 342 11 57

Internet: www.assalgadeiras.no.sapo.pt

Cervejaria Ramiro

This is a small and often crowded restaurant, serving mainly fish and seafood. Even if the interior can look quite simple at a first glance, the atmosphere here is cozy and warm, and delicious dishes leave the kitchen.

Address: Avenida Almirante Reis 1, Intendente, 1100,1150-007 Lisbon

Opening hours: Closed Mondays Phone: +351 21 885 10 24 Internet: www.cervejariaramiro.pt

100 Maneiras

At 100 Maneiras you can order a 10 course tasting menu and have it combined with delicious wines. The service is efficient and friendly and the setting romantic.

Address: Rua do Teixeira, 35, 1200-459 Lisbon

Phone: +351 21 099 04 75

Internet: www.restaurante100maneiras.com

Assinatura

For a fine dining experience in Lisbon, Assinatura is a must visit. Located in the heart of the city, this urban restaurant serves top quality Portugese dishes for both lunch and dinner.

Address: Rua Vale do Pereiro, 19 A, 1250-270 Lisbon

Phone: +351 21 386 76 96 Internet: www.assinatura.com.pt

Restaurante Zuari

At Restaurante Zuari, Indian cuisine is served with a warm heart. The owner, Orlando and his wife are from Goa so all dishes are truly genuine.

Address: Rua Sao Joao da Mata, 41, 411200 - 846, Lisbon

Phone: +351 21 397 7149

Internet: www.amorapreta.wix.com/restaurante-zuari

Enoteca de Belém

This sophisticated restaurant is hidden away at a backstreet in the area of Belém. The menu offers flavorful dishes and a wide range of good wines. This place is also a good option for lunch.



Address: Trav. Do Marta Pinto, 12, Lisbon

Phone: +350 363 15 11

Internet: www.travessadaermida.com

CAFES



Photo: Travis Modisette

After a day of sightseeing, sit down at a pavement café on Rossio Square. From here you will see the Baiza, the flat city centre, that dates from the 18th century, between yourself and the river bank.

Nicola

This is a fashionable café with good pavement tables where you can look at the people around Rossio Square. There has been a café here since the 18th century, but the current art deco decor dates from 1929. There's also a restaurant in the cellar.

Address: Largo do Rossio, Praça Dom Pedro IV, 24-25, 1200-091 Lisbon Phone: +351 213 460 579 Internet: www.nicola.pt

A Brasileira

A Brasileira is a famous and classic café in Lisbon with magnificent, dark panelled interior dating from 1905. They have a newspaper and tobacco kiosk, and pavement tables which are looked at just as much as they are a vantage point.

Address: Rua Garrett 120, 1200 Lisbon Phone: +351 213 469 541

Antiga Confeitaria De Belém

This is the home to Lisbon's most famous cake, a custard

bun called Pastel de Belém here, pastel de nata in other places, and the perfect accompaniment to a bica - the Portuguese espresso. The recipe is said to have come from the munks in the adjacent Jerónimo monastery, and its secret is preserved by three bakers who bake them every morning behind locked and barred doors. About 10,000 a day get eaten!

Address: Rua de Belém 84, 1300-085 Lisbon Phone: +351 213 637 423

Internet: www.pasteisdebelem.pt

Pastelaria Suica

This popular café is a favorite among many due to its history and the wide variety of pastries, cakes and fruit juices. The café was founded in 1922 and is located on one of the city's busiest squares, Rossio. They have also an outside terrace where you can sit and enjoy the sun and your coffee.

Address: Prç. D. Pedro IV Rossio, 96 a 104, Lisbon

Phone: +351 213 21 40 90 Internet: www.casasuica.pt

Cafe No Chiado

This café is located between Teatro de S. Carlos (Opera House) and Teatro de S. Luis (city Theatre). Here you can have lunch, tea or dinner. The atmosphere is described as cozy and you can enjoy your food or drink in the outdoor restaurant, if the weather permits.

Address: Largo do Picadeiro 10, 1200-330 Lisbon Opening hours: Open every day 10.00-02.00

Phone: +351 213 460 501 Internet: www.cafenochiado.com



BARS & NIGHTLIFE



Photo: Retinafunk

The Bairro Alto is the restaurant and bar quarter par excellence: many people's evening starts here with a meal and then a walk from one of the small bars to another.

This often goes on until about two, after which people go to the clubs.

Lisbon is a city that takes its night life seriously. Shortly after midnight, it is best to move down towards the river and the larger clubs along the Avenida 24 de Julho, to the Docas area and Alcântara, where the coolest dance floors are never filled before two in the morning.

Enoteca/chafariz Do Vinho

This is still the best place to sample Portuguese wine, either at the small pavement café or in the cool interior - a monumental former water supply depot. A brief food menu complements the long wine list.

Address: Rua da Mãe de Água à Praça da Alegria, 1250-000 Lisbon Phone: +351 213 422 079

Internet: www.chafarizdovinho.com

Pavilhão Chinés

No other bar in Lisbon has yet managed to outdo Luís Pinto Coelho's decor, installed in the 1970's: thousands of collectible objects, from model battleships to dolls and beer mugs, in glazed cabinets which cover most of the walls in the bar's many rooms.

Address: Rua Dom Pedro V 89/91, Lisbon

Phone: +351 213 424 729

Internet: www.barpavilhaochines.blogspot.com

Kremlin

One of the city's most eccentric discotheques, which manages to attract hordes of young Portuguese and tourists, who preferably dance to Techno and Acid House. It has once been voted as one of the best clubs in Europe.

Address: Escadinhas da Praia, 5, 1200-869 Lisbon

Opening hours: Tue - Sat: 24.00 - 08.00

Phone: +351 21 393 29 31 Internet: www.grupo-k.pt

Lux

People who hang out in smaller bars like to regard themselves as alternatives, and turn up their noses at the larger clubs with commercial music and a sea of dancers. However, everybody meets at Lux, the city's ultimate night club

Address: Avenida Infante Dom Henrique, 1950-736 Lisbon

Phone: +351 21 882 08 90 Internet: www.luxfragil.com

Belém Bar Café

Belém Bar Café is a sophisticated bar/club/restaurant offering a great venue if you feel like wearing your best clothes and go out for a fun night. The music played here is commercial house, R&B and Hip Hop.

Address: Av. Brasilia, Pavilhão Poente, 1300-598 Lisbon

Phone: +351 213 624 232 Internet: www.belembarcafe.com



SHOPPING



Photo: Alexander Persona Grata

A lot of the shopping in Lisbon is now housed in enormous shopping centres such as Colombo and Amoreiras, or in smaller gallerias. The city's old centre, Baixa, retains its identity as a traditional shopping district, where you walk on the streets (some of them traffic-free) between the shops, with the sun in your face.

Chiado is close to Baixa, and has the reputation of being the city's finest shopping district. Chiado successfully manages to combine the gallery model with open shopping, blending the best of both worlds.

Santos Ofícios Artesanatos

This store houses the best examples of Portuguese traditional art and handicrafts, without the usual tiresome tourist range at your heels.

Address: Rua da Madalena 87, 1100-319 Lisbon

Phone: +351 21 8872031

 $Internet: www.santosoficios\hbox{-}artesanato.pt$

Coisas Do Arco Do Vinho

Their scale and selection make them the best wine shop in Lisbon, especially in regards to Port wine. Literature and all kinds of wine accessories are also on sale.

Address: Rua Bartolomeu Dias Loja 7, 1400-026 Lisbon

Phone: +351 213 642 031

Internet: www.coisasdoarcodovinho.pt

More Info: Located next to the Centro Cultural de Belém

El Corte Inglés

Lisbon's only true department store is Spanish, but the Portuguese put aside their suspicions of their larger neighbour here. The range of goods is quite varied, with international brands and a number of Portuguese designers, together with the store's own low-price lines. There is a large food hall and gourmet shop downstairs, restaurants and cinemas – and direct access to the Underground.

Address: Avenida António Augusto de Aguiar 31, Lisbon

Phone: +351 213 711 700 Internet: www.elcorteingles.pt

Fátima Lopes

One of Portugal's most successful designers, whose clothes are famed for their in-your-face sexiness. Her shop is also a workshop and a bar, with late hours.

Address: Rua da Atalaia 36, 1200-041 Lisbon

Phone: +351 21 324 05 46 Internet: www.fatima-lopes.com

SLEEPING



Photo: Pedro Ribeiro Simões

The rule in Lisbon is to keep close to the river to get the best out of your visit. A few suggestions for your hotel stay in Lisbon:

Pestana Palace

This minutely restored and renovated 19th century palace, in a peaceful setting just outside the centre, is one of the city's top hotels. Most of the rooms are housed in the two newly erected wings.



Address: Rua Jau 54, 1300-314 Lisbon

Phone: +351 213 615 600 Internet: www.pestana.com

Bairro Alto Hotel

Right in the centre of the city, in an imposing 19th century building whose facade has been preserved, you find this prominent hotel that offers 55 rooms. The interior combines modern design and technology with classical elements.

Address: Praça Luís de Camões 2, 1200-243 Lisbon

Phone: +351 213 408 288 Internet: www.bairroaltohotel.com

Vip Eden Aparthotel

This is a very central apartment hotel housed in an art deco building that used to be a cinema. They offer practical apartments, with restrained styling and pentry. The hotel has a a swimming pool on the roof with a magnificent view of the city.

Address: Praca dos Restauradores, 24, 1250-187 Lisbon

Phone: +351 213 216 600

Internet: www.edenaparthotelvip.com

Residencial Florescente

Residencial Florescente is a well-managed and neat hotel on a pedestrian street in the crowded centre. Its location is close to good restaurants, shopping, etc.

Address: Rua Portas de Santo Antão 99, 1150-266 Lisbon

Phone: +351 213 426 609

Internet: www.residencial florescente.com

Lisbon Old Town Hostel

This hostel opened its doors in 2007 and is located in one of the 7 hills of Lisbon (old town) in an 18th century building. It is renovated to give you all the comfort you need and cleanliness is very important for the owners. Breakfast is also included when staying at this hostel.

Address: Rua do Ataíde, 26A, Lisbon

Phone: +351 213 465 248

Internet: www.lisbonoldtownhostel.com

Tivoli Lisboa

Indulge yourself at this 5 star luxury hotel that offers everything you wish for. Elegant rooms to sleep in, an outdoor pool to swim in, a rooftop bar to have a cocktail at and two restaurants to tease your tastebuds are just a few of the amenities offered here. The hotel is located right in the city centre.

Address: Av. da Liberdade, 185 1269-050 Lisbon

Phone: +351 218 507 708 Internet: www.tivolihotels.com

Hotel Jeronimos 8

This design hotel is located in a building from the 1940's in the Belém district. The 65 rooms are contemporary decorated and offer free Wi-Fi. Public transport is within easy access.

Address: Rua dos Jerónimos, 8, Belem, 1400-211 Lisbon

Phone: +351 21 360 09 00 Internet: www.jeronimos8.com

Olissippo Lapa Palace

If you wish to experience true luxury, Olissippo Lapa Palace is the place for you to stay at. This 19th century palace along the Tagus River is tucked in a sub-tropical garden and tells a story of an old-time elegance with its chandeliers and marble bathrooms.

Address: Rua do Pau de Bandeira, nr 4, 1249-021 Lisbon

Phone: +351 291 724 325 Internet: www.lapapalacelisbon.com

Hostel 4U

At Hostel 4U you are close to major attractions, nightlife, restaurants and shops. The rooms are bright and clean and linen and towels are provided, such as free Wi-Fi. A breakfast buffet is served every day.

Address: Rua da Madalena, n. 96, 1100-323 Lisbon

Phone: +351 218 874 204 Internet: www.hostel4ulisbon.com



Casa Balthazar

This elegant family house offers 9 rooms and suites, almost all of them equipped with a kitchenette for self catering. A garden with sunbeds and a pool is provided for the guests, and there is also a restaurant in the building.

Address: Rua do Duque, 26, 1200-159 Lisbon

Phone: +351 91 708 55 68

Internet: www.casabalthazarlisbon.com

Rent4days Brown's Hotel & Apartments

To feel like a local, renting an apartment could be a good idea. Rent4days Brown's Hotel & Apartments offers a wide range of stylish and well-equipped flats in different parts of Lisbon. Number of bedrooms and size of the apartment varies.

Address: Rua Da Vitória, 88, 1100-619 Lisbon

Phone: +34 93 368 47 00 Internet: www.rent4days.com

The Beautique Hotels Figueira

The word "Figueira" means Fig Tree, and everywhere in this 4-star hotel you will be reminded of this. The interior is inspired by nature and the scale of colours has its focus on green and brown. After a day in the bustling city you can relax in the rooftop spa.

Address: Praça da Figueira n°16, 1100-241 Lisbon

Phone: +351 210 492 940

Internet: www.thebeautiquehotels.com

HF Fénix Garden

At a central location with easy access to public transport, this modern hotel with 94 rooms lies. Except all necessary amenities, the rooms also provide free Wi-Fi. A continental breakfast is served every morning.

Address: Rua Joaquim Antonio De Aguiar, 3, Coracao de Jesus, 1050-010

Lisbon

Phone: +351 226 071 800 Internet: www.hfhotels.com

Hotel Principe Lisboa

Next to the lush Park Edward VII in an area with lots of

restaurants and cafés, 3 star Hotel Principe Lisboa is located. Wi-Fi is free throughout the building. The city centre is reached within 15 minutes by metro.

Address: Av. Duque de Ávila N° 201, 1050-082 Lisbon

Phone: +351 213 592 050

Internet: www.hotelprincipelisboa.com

Embaixador Hotel

Embaixador Hotel was completely renovated in 2012 and has a fresh and urban look and atmosphere. The rooms are bright and are stylish decorated. From the restaurant on the 9th floor you have an amazing view over the Tagus river and St. George's Castle.

Address: Av. Duque de Loulé, 73, Coracao de Jesus, 1050-088 Lisbon

Phone: +351 213 194 000

Internet: www.embaixadorhotel.com

ESSENTIAL INFORMATION



Photo: John Leslie

Airport

Lisbon Airport, Portela, is so close to the centre that it is going to be relocated, but, until then, it is quick, easy and cheap to get to and from.

There are one airport bus (Aerobus) with two lines operating from 7.00-23.20. Aerobus line 1 connects the airport and Cais do Sodré, departing every 20 minutes. Aerobus line 2 links the airport with the financial centre, Av. José Malhoa, and departs every 40 minutes.



Public transportation such as metro and public buses are also available.

A taxi to the centre takes between twenty minutes and a half an hour. The traffic is also somewhat higher during nights and weekends.

Address: Alameda Comunidades Portuguesas, 1700-007 Lisbon

Phone: +351 218 413 500 Internet: www.ana.pt

Public Transport

Lisbon is well provided for with public transport, including buses, Underground, local trains, ferries, trams and funiculars. The two latter are the least efficient but most entertaining. Buses and Underground stop running at about 01.00, there are night buses but it is easiest to take a taxi for late night journeys.

Internet: www.metrolisboa.pt, www.carris.pt

Taxi

Can be stopped on the street, taken from stations or phoned. In central Lisbon, empty taxis circulate frequently, except during rush hours or when it rains. Tips are not mandatory, but are appreciated even if they are small.

Autocoope

www.autocoope.pai.pt

+351 217 932 756

Retalis Rádio Táxis

www.retalis.pt

+351 218 119 000

Teletáxis

www.teletaxis.pt

+351 218 111 100

Post

The post offices are open from Monday - Friday

09.00-18.00. The main post office at Praça dos Restauradores has longer opening hours, 08.30-22.00, during the week and is open 09.00-18.00 on Saturdays and Sundays.

Address: Praça dos Restauradores, Lisbon Internet: www.ctt.pt

Health Care

You find Swedish and English dentists and healthcare at Clínica Europa in the Carcavelos suburb.

Address: Rua de Catembe 165, 2775-561 Carcavelos

Opening hours: Monday - Friday 08.30 - 20.30, Saturday 09:00 - 14:00

Phone: +351 214 569 800 Internet: www.clinicaeuropa.pt

Pharmacy

Each suburb has a 24 hour pharmacy (farmácia, with a green cross) according to a schedule posted in the windows of closed pharmacies. Opening hours are otherwise 09.00-13.00 and 15.00-19.00.

Internet: www.farmaciasportuguesas.pt

Telephone

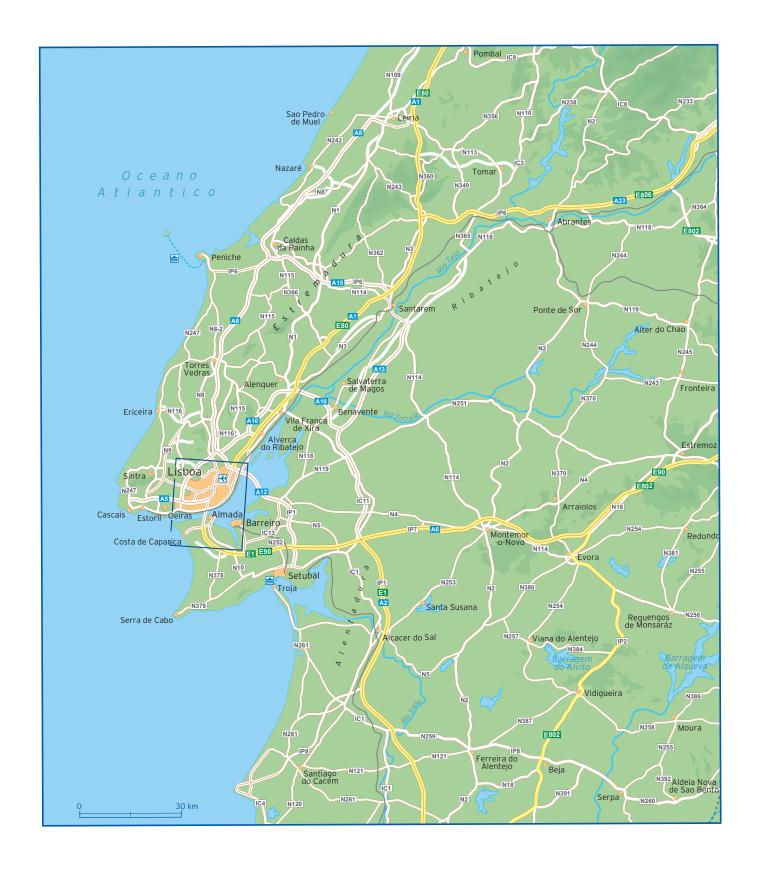
Country code: +351

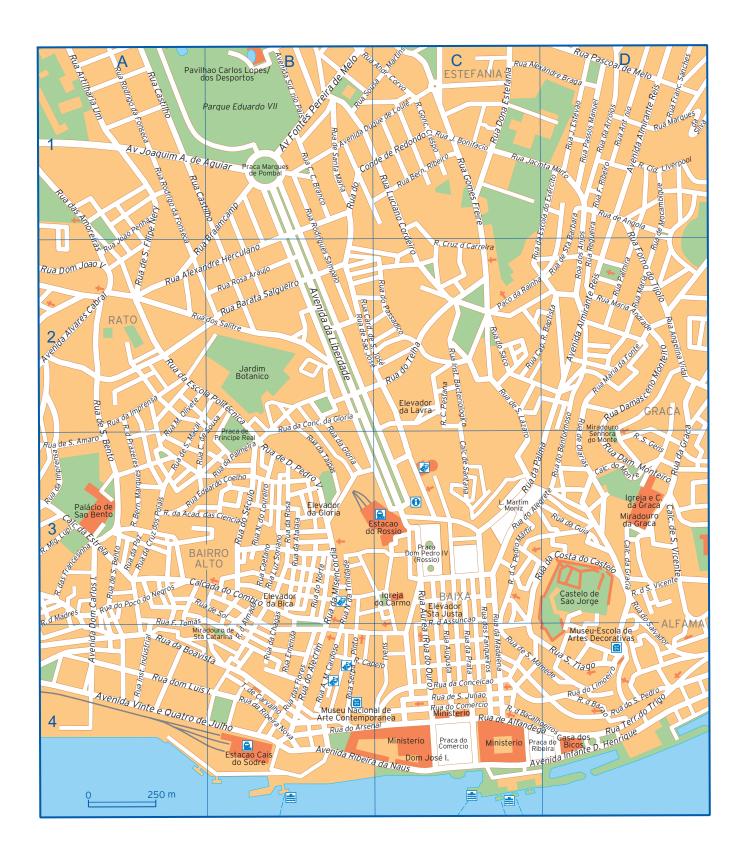
Area code: 21

Electricity

220 Volt/50Hz









Avenida Almirante Reis	D1 D2	Rua Cruz da Carreira	C2	Rua de Santa Maria	B1
Avenida Alvares Cabral	A2	Rua da Acad. das Ciencia	A3 B3	Rua de Sao José	B2
Avenida da Liberdade	B2	Rua da Almada	B3 B4	Rua de Sol	A3 B3
Avenida Dom Carlos I.	A3 A4	Rua da Arroios	D1	Rua de Sta Barbara	D1 D2
Avenida Duque de Loulé	B1 C1	Rua da Assuncao	C3 C4	Rua do Alecrim	B4
Avenida Fontes Pereira de Melo	B1	Rua da Atalaia	В3	Rua do Alegrete	C3 D3
Avenida Infante D. Henrique	C4 D4	Rua da Boavista	A4 B4	Rua do Arsenal	B4 C4
Avenida Joaquim A. de Aguiar	A1 B1	Rua da Chagas	B3 B4	Rua do Benformoso	D2 D3
Avenida Ribeira da Naus	B4 C4	Rua da Conc. da Gloria	B2 B3	Rua do Comercio	C4
Avenida Sidónio Pais	B1	Rua da Conceicao	C4	Rua do Conde de Redondo	B1 C1
Avenida Vinte e Quatro de Julho	A4 B4	Rua da Costa do Castelo	C3 D3	Rua do Limoeiro	D4
Calc da Estrela	АЗ	Rua da Cruz dos Poiais	A3	Rua do Norte	В3
Calc de Santana	C3	Rua da Escola do Exército	C2 D1	Rua do Passadico	C2
Calc. da Gracia	D3	Rua da Escola Politécnica	A2 B3	Rua do Poco do Negros	A3
Calc. de S. Vicente	D3	Rua da Gloria	B2 B3	Rua do S. Pedro	D4
Calc. do Monte	D3	Rua da Graca	D2 D3	Rua do Saco	C2
Calcada do Combro	A3 B3	Rua da Guia	D3	Rua do Salvador	D3 D4
L. Martim Moniz	C3	Rua da Imprensa	A2 A3	Rua do Século	В3
Miradouro de Sta Catarina	A4 B4	Rua da Madalena	C3 C4	Rua do Telha	C2
Miradouro Senhora do Monte	D2	Rua da Misencordia	B3 B4	Rua Dom Joao V	A2
Paco da Rainha	C2 D2	Rua da Palma	C3 D3	Rua dom Luis I.	A4 B4
Praca de Principe Real	B2 B3	Rua da Palmeira	В3	Rua Dona Estefania	C1
Praca do Comercio	C4	Rua da Paz	A3	Rua dos Bacalhoeiros	C4 D4
Praca do Ribeira	C4 D4	Rua da Prata	C4	Rua dos Fanqueiros	C3 C4
Praca Dom Pedro IV	C3	Rua da Ribeira Nova	B4	Rua dos Salitre	A2 B2
Praca Marques de Pombal	B1	Rua da Rosa	В3	Rua Eduardo Coelho	A3 B3
Roa dos Anjos	D1 D2	Rua da Taipas	В3	Rua Emenda	B4
Rua A. M. Cardoso	В4	Rua Dam. Monteiro	D3	Rua F. Ribeiro	D1
Rua Alexandre Braga	C1 D1	Rua Damasceno Monteiro	D2	Rua F. Tomás	АЗ
Rua Alexandre Herculano	A2 B2	Rua das Amoreiras	A1 A2	Rua Forno do Tijolo	D1 D2
Rua Andr. Corvo	B1 C1	Rua das Flores	B4	Rua Franc. Sanches	D1
Rua Angelina Vidal	D2	Rua das Francesinha	A3	Rua Gomes Freire	C1
Rua António	D1	Rua de Alfandega	C4 D4	Rua Gonc. Crespo	C1
Rua Artilharia Um	A1	Rua de Angola	D1	Rua Inst. Bacteriologico	C2
Rua Augusta	C4	Rua de Barao	D4	Rua Inst. Industrial	A4
Rua Aurea (Rua do Ouro)	C3 C4	Rua de D. Pedro V.	В3	Rua J. Bonifacio	C1
Rua Barata Salgueiro	B2	Rua de Madres	A3 A4	Rua J. Estevao	D1
Rua Bern. Marques	A3	Rua de Mocambique	D1 D2	Rua Jacinta Marto	C1 D1
Rua Bern. Ribeiro	C1	Rua de Olarias	D2 D3	Rua Joao Penha	A1 A2
Rua Braamcamp	A2 B1	Rua de Prazeres	A2 A3	Rua Luciano Cordeiro	C1 C2
Rua C. C. Branco	B1	Rua de S. Amaro	A3	Rua Luz Soriano	В3
Rua C. de Sousa	A3 B2	Rua de S. Bento	A2 A3	Rua M. Olivete	A2 A3
Rua C. Pestana	C2	Rua de S. Filipe Nery	A1 A2	Rua Maria	D2
Rua Caetano	В3	Rua de S. Juliao	C4	Rua Maria Andrade	D2
Rua Cap. R. Baptista	C2 D2	Rua de S. Lázaro	C2 C3	Rua Maria da Fonte	D2
Rua Capelo Ivens	B4 C4	Rua de S. Macal	A2 A3	Rua Marques da Silva	D1
Rua Card. de S. José	B2 C2	Rua de S. Mamede	C4 D4	Rua Mig Lupi	АЗ
Rua Castilho	A1 B1	Rua de S. Pedro Mártir	С3	Rua N da Trinidade	B3 B4
Rua Cid. Liverpool	D1	Rua de S. Vicente	D3	Rua N. do Loureiro	В3
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Rua Palmira	D2	Rua Rodrigues Sampaio	B1 B2	Rua Serpa Pinto	B4
Rua Pascoal de Melo	D1	Rua Rosa Araujo	B2	Rua Sousa Martins	B1 C1
Rua Passos Manuel	D1	Rua S. Gens	D3	Rua Terr.do Trigo	D4
Rua Regueira	D1 D2	Rua S. Tiago	D4	T. de Carvalho	B4
Rua Rodrigo da Fonseca	A1 A2				